



MARRIAGE PREPARATION IN THE GREEN BAY DIOCESE

STEP 1 - Contact the Pastor / Church Office

Marriage is a Sacrament. After you become engaged contact your parish and set a time to meet with a priest or sacramental minister to fill out the "Prenuptial Questionnaire". They can help you to prepare a life together in the Lord. Your faith has brought you this far, let Jesus Christ guide you now.

STEP 2 - Take the FOCCUS™, personal inventory

The FOCCUS™ preparation inventory will help you to discover personal profile of your individual values and expectations. This is a confidential questionnaire to help you discover the strengths and weaknesses of your relationship. Any area challenging your relationship can be given proper attention with any problem solving areas mapped out for you, before your new life together begins. Then, your pastor will meet with you together to discuss the results, confidentially.

STEP 3 - *A Marriage in the Lord* - PART I

This is a one day *Pre-Cana workshop and retreat*. Couples learn about parenting, communication, conflict resolution, healthy intimacy, finances and faith. Married couples discuss and share real life experiences of living a Catholic Married life. St. John Paul II's "Theology of the Body" will help you discover healthy sexuality. There is time for private reflection and faith sharing.

**All Sessions are on Saturdays from 9am to 4pm.

[See the schedule of sessions on the Diocesan website...]

<http://www.gbdioc.org/living-justice/family-a-married-life.html>



YOU WANT A CATHOLIC WEDDING? HERE IS THE PROCESS BY STEPS

STEP 4 - *A Marriage in the Lord* - PART II

Living in the covenant of marriage is the topic of this session. Couples learn the Church's teachings about the sacramental nature of marriage. The responsibilities of parenthood and fidelity to each other are important areas of Catholic morals. Discussions on "Natural Family Planning" (NFP) are led by married couples who unveil the current science and medical research to help married couples live in Christ together.

**All Sessions are only 2-hours. \$95 is the cost of PARTS I & II.

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STEP 5 - *Re-Opening the Door to Marriage* -OPTION

This is option is for couples who have been married before and have completed the annulment process, or experienced the death of a spouse, or are civilly married and now desire the Sacrament of Marriage (called: "Con-validation in the Church"). This is a day-long retreat tailored for the unique issues of couples raising children or stepchildren and other issues.

**Please, register on-line, 3 weeks before the retreat.

Sessions are \$95 per couple, from 8:30am to 4:30pm.

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STEP 6 - Sacrament of Reconciliation & Liturgy Practice

The day before the wedding: practice the ceremony with all who will participate, pick the readings and go to confession.